

2022-23 Home Lesson Check-off Sheets



Use these sheets to keep track of the assignments you've completed each month.

You'll find the links for the assignments on the website under Monthly Home Lessons:
sfx-religious-ed.org.

Coloring books are provided for PK-1st graders.



SEPTEMBER 2022



CLASS DAY ON ZOOM—September 25 Time: 11:15 am -12:30 pm
Supplies needed for class: Bag of props you received.

NOTE: 5th - High Schoolers and Parents attend the full session
1st-4th graders join zoom at the break (approximately at 11:45 am)
PK-K have a video posted on the website that they can watch at any time.

MAIN POINT OF THIS MONTH'S LESSON: God is worthy of our devotion and invites us into a relationship with him through prayer.

"You have created us for yourself, O Lord, and our hearts are restless until they rest in you."
St. Augustine

Home Lessons for September 25 - October 23

Color	Read	Audio/ Video	Quiz/ Game	Assignment	Who does it?	Supplies	Submit	Completed ✓
WEEK 1								
	X			Parents read "The God-Shaped Hole"	Parents		no	
		X		Watch the "Creation Calls" video about the majesty of God. (6:15)	All		no	
X				PK-1 may color in their St. Albert the Great book, our saint visitor this month.	PK-1 st	Crayons	no	
				Complete "Prayer takes Humility" project	Parents & 2 nd -HS		yes	
X				PK-1 may read and color "The Very Proud King" sheet instead.	PK-1 st	Crayons	no	
WEEK 2								
	X	X		Parents read "Creating Households of Faith" - tips for helping your children experience God, or watch "Praying with Children - Praying Spontaneously" (2 min.)	Parents		no	
				Parents and 5th-high schoolers read "A few questions you may have about Prayer" in your Family Prayer Journal. (Journal was part of your start-up packet you picked up at Church)	Parents & 5 th -HS		no	
		X		1st-4th graders watch "What is Prayer" on Formed (2:23)	Parents & 1 st -4 th		no	
			X	Then complete your "Family Prayer Survey" together.	All		yes	
X				PK-1st graders may read and color "Praying is talking to God"	PK-1 st	Crayons	no	
		X		Watch Short Answers to Big Questions "What are the Sacraments" on Formed (4:26)	Parents & 2 nd -HS		no	
			X	Complete the worksheet for "What are the Sacraments"	Parents & 2 nd -HS		yes	
				Take the quiz: September Vocabulary Challenge	Parents & 2 nd -HS		yes	

OCTOBER 2022



CLASS DAY ON ZOOM—October 23 Time: 11:15 am -12:30 pm
Supplies needed for class: Bag of props you received

NOTE: 5th - High Schoolers and Parents attend the full session
1st-4th graders join zoom at the break (approximately at 11:45 am)
PK-K have a video posted on the website that they can watch at any time.

“There is no prayer or good work so great, so pleasing to God, so useful to us as the Mass.”

St. Lawrence Justinian

MAIN POINT OF THIS MONTH’S LESSON: The Body, Blood, Soul and Divinity of Jesus in the Eucharist is the source and summit of all Christian spirituality.

Home Lessons for October 23 - November 20

Color	Read	Audio/ Video	Quiz/ Game	Assignment	Who does it?	Supplies	Submit	Completed ✓
WEEK 1								
	X			Parents read “The Heavenly Banquet”	Parents		no	
		X		Listen to the meditation on the FCFE website based on the Road to Emmaus .	All		no	
X			X	As a family complete “On the Road to Emmaus” (PK-1st graders may do the Maze and Mass Parts sheet in their coloring book instead).	All	Crayons	yes	
			X	Complete the “Praying in Many Ways” quiz. Then write in the Adoration section of your Family Prayer Journal that was in your start up packet.	All		yes	
WEEK 2								
	X			5th-High School students and parents read together “Why Bother With Mass” .	Parents & 5 th -HS		no	
			X	Then 5th-High School students and parents complete “Now I Get It!”	Parents & 5 th - HS		yes	
		X		Parents and 6th-8th graders watch and then discuss the story of “The Epidemic” told by Matthew Kelly.	Parents & 6 th -8 th		no	
		X		Watch the video tour of our church on the October Homework page.	All		no	
			X	Complete “A Place for Worship” quiz.	All		yes	
X				Young children may color the picture of Blessed Carlo Acutis in their coloring book.	PK-1 st	Crayons	no	
			X	Take the Vocabulary Challenge quiz .	All		yes	

NOVEMBER 2022



CLASS DAY ON ZOOM—November 20 Time: 11:15 am -12:30 pm
Supplies needed for class: Bag of props you received.
NOTE: 5th - High Schoolers and Parents attend the full session
1st-4th graders join zoom at the break (approximately at 11:45 am)
PK-K have a video posted on the website that they can watch at any time.

NOTE: Advent begins on November 27.

MAIN POINT OF THIS MONTH'S LESSON: To recognize the meaning of the Introductory Rites of the Mass and see the connection to the sacraments of Baptism and Reconciliation.

"No human tongue can describe the immense favors and blessings which we receive from the Mass. The sinner obtains pardon, the good man becomes more holy, our faults are corrected and our vices uprooted by hearing Holy Mass."
St. Lawrence Justinian

Home Lessons for November 20 - December 11

Color	Read	Audio/ Video	Quiz/ Game	Assignment	Who does it?	Supplies	Submit	Completed ✓
WEEK 1								
	X			Parents read "We Gather as One Family"	Parents		no	
	X			Read the "Processions, Processions, Processions" document.	All		no	
			X	Complete "Processions, Processions, Processions" worksheet.	All		yes	
	X			Read about the "Collect" on the "Family Prayer Writing" sheet.	All		no	
			X	Then, complete the "Family Prayer Writing" .	All		yes	
	X			Read "The Penitential Rite" explanation.	All		no	
			X	Do the Penitential Rite prayer writing activity together	All		yes	
WEEK 2								
	X			Parents and 5th-high school students read "Baptism, the First Stop on our Journey" .	Parents & 5 th -HS		no	
			X	Parents and 5th-HS students, complete "Rite of Baptism for Children" worksheet.	Parents & 5 th -HS		yes	
		X		PK-4th graders watch "Born into the Kingdom", a Brother Francis video on Formed (26:25)	Parents & PK-4 th		no	
			X	2nd-4th graders complete "What happens in Baptism" quiz.	Parents & 2 nd -4 th		yes	
X				PK-1st graders complete "Symbols of Baptism" in their coloring book.	PK-1 st	Crayons	no	
	X			Parents read "Continuing Your Baptism" and then try the Nightly Examine with your children which is found on the website in the Prayer Resources tab.	All		no	
		X		Parents and 5th-high school students watch "Why Confess to a Priest?"	Parents & 5 th -HS		no	
		X		2nd-4th graders watch "Signs of Grace- Forgiven - for Children; How to Make a Great Confession" on Formed.	Parents & 2 nd -4 th		no	
X	X			PK-1st graders read and color "The Lost Son- Pt. 1 & 2" and complete "Listen to Your Heart" puzzle in their coloring book	PK-1 th	Pencils & Crayons	no	
			X	Take the "Vocabulary Challenge" quiz	All		yes	
WEEK 3								
				Parents watch Advent video for ideas to implement with your children during this Advent season. In December, you'll share what your family did to prepare for Christmas.	Parents		no	

DECEMBER 2022

MAIN POINT OF THIS MONTH'S LESSON:

To reflect on the true meaning of the Incarnation of Christ and learn to pray more deeply through this insight.



"Though He was in the form of God, He did not count equality with God a thing to be grasped, but emptied himself, taking the form of a servant, being born in the likeness of men"

Philippians 2:6-7



Home Lessons for December 11 - January 22

Color	Read	Audio/Video	Quiz/Game	Assignment	Who does it?	Supplies	Submit	Completed
WEEK 1								
	X			Parents read "God with skin on"	Parents		no	
		X		5th-High Schoolers and parents watch the videos that tell the Nativity story from the perspective of Mary , Joseph , and the Innkeeper . (8:35 total time)	Parents & 5 th -HS		no	
		X		PK-4th watch the story about the Crippled Lamb .	Parents & PK-4 th		no	
	X			Then the family should read the "Manger Reflections Directions"	All		no	
X			X	Complete "Manger Reflections Worksheet" A coloring sheet is also provided for PK-1st graders.	All	Crayons	yes	
	X			Use your Family Prayer Journal during this month, continuing to pray with Thanksgiving.	All		no	
WEEK 2								
			X	Parents, use the "Keeping Christ in Advent" worksheet to tell us what your family did during Advent.	Parents		yes	
X		X		Watch "Come to the Stable" . PK-1st graders have a coloring sheet in their coloring books. (1½ hours long and appropriate for all ages).	All	Crayons	no	
			X	Complete the Come to the Stable worksheet.	All		yes	
			X	Review using the Vocabulary Challenge	All		yes	
	X			Parents read "Are you listening, God?"	Parents		no	

JANUARY 2023



CLASS DAY ON ZOOM—January 22 Time: 11:15 am -12:30 pm

NOTE: 5th - High Schoolers and Parents attend the full session
1st-4th graders join zoom at the break (approximately at 11:45 am)
PK-K have a video posted on the website that they can watch at any time.

MAIN POINT OF THIS MONTH'S LESSON: To learn the importance of Scripture in the Liturgy of the Word and see how the sacrament of Confirmation empowers us to go out and spread this Good News of Christ.

The bishops of Vatican II emphasized Scripture's place of prominence in the Mass; they wanted "the whole world to hear the summons to salvation, so that through hearing it may believe, through belief it may hope, through hope it may come to love".

Dei Verbum, 1

Home Lessons for January 22 - February 19

Color	Read	Audio/ Video	Quiz/ Game	Assignment	Who does it?	Supplies	Submit	Completed ✓
WEEK 1								
	X			Parents read " Knowing God "	Parents		no	
		X		5th-High Schoolers and parents, watch the video " Unexpected Gifts ".	Parents & 5 th -HS		no	
			X	Complete the Discussion Sheet	Parents & 5 th -HS		yes	
		X		PK-4th graders and parents watch the " ABCs of Salvation " video	Parents & PK-4 th		no	
			X	PK-4th graders complete the ABC's of Salvation worksheet with their parents' help	Parents & PK-4 th		yes	
			X	5th-High Schoolers and parents complete " The Gospel " worksheet.	Parents & 5 th -HS	Bible	yes	
			X	2nd -4th graders and their parents complete " Hear and Believe " worksheet instead.	Parents & -2 nd -4 th	Bible	yes	
X				A coloring sheet and an activity sheet are provided for PK-1st in their coloring book.	PK-1 st	Crayons	no	
			X	Complete " We Respond " worksheet	All		yes	
WEEK 2								
	X			Read the Confirmation Explanation	All		no	
X				PK-1st graders may do the "Fruits of the Holy Spirit" sheet in their coloring book.	PK-1 st	Crayons	no	
			X	Then, the whole family should do the " Confirmation " worksheet	All		yes	
			X	Review the vocabulary of the month .	All		yes	
		X		Parents, watch the short video presentation explaining how to pray with your children using Scripture. (2:52)	All		no	

FEBRUARY 2023



CLASS DAY ON ZOOM—February 19 Time: 11:15 am -12:30 pm

NOTE: 5th - High Schoolers and Parents attend the full session
1st-4th graders join zoom at the break (approximately at 11:45 am)
PK-K have a video posted on the website that they can watch at any time.

MAIN POINT OF THIS MONTH'S LESSON: In the Liturgy of the Eucharist, we enter into the sacrifice of Christ and receive his true Body, Blood, Soul and Divinity.

“Lord, look upon this sacrifice which you have given to your Church; and by your Holy Spirit, gather all who share this one bread and one cup into the one body of Christ, a living sacrifice of praise.”

Eucharistic Prayer 4

NOTE: Lent begins on February 22.

Home Lessons for February 19 - March 19

Color	Read	Audio/Video	Quiz/Game	Assignment	Who does it?	Supplies	Submit	Completed ✓
WEEK 1								
	X			Parents read “We Are One Body”	Parents		no	
		X		Listen to the story on the website about Blessed Imelda .	All		no	
X				PK-1st graders may color the picture in their coloring book while listening to the story	PK-1 st	Crayons	no	
		X		5th-High Schoolers and their parents watch Segment #1 of Presence on Formed.org (32 min)	Parents & 5 th -HS		no	
		X		PK-4th Graders and their parents watch “What are your Five Loaves and Two Fish” (4:50)	Parents & PK-4 th		no	
X				PK-1st graders may read and color “The boy Shares His Lunch” in coloring book.	PK-1 st		no	
	X			Read “The Eucharist: A Meal and a Sacrifice”	All		no	
			X	Complete the form “Jesus REALLY comes to us” .	All		yes	
		X		5th-High Schoolers and Parents watch “Sophia SketchPad: The Eucharist” (6:38)	Parents & 5 th -HS		no	
			X	Complete “The Lamb of God” form to learn why we believe in the Real Presence.	Parents & 5 th -HS		yes	
	X			Parents: Read “Ready for Lent” for ideas on how to make Lent meaningful.	Parents		no	
		X		Watch “Praying with Silence” video (2-min)	Parents		no	
WEEK 2								
	X			Read together the Our Father Explanation .	All		no	
			X	Complete the prayer writing exercise in the “Our Father” form	All		yes	
X				PK-1st Graders may complete the “Our Father” project in their coloring book.	PK-1 st	Crayons	no	
	X		X	Discuss “Where Are You Going” then complete “Called to a Vocation” .	All		yes	
X				PK-1st graders have a picture of Fr. Karl to color in their coloring book.	PK-1 st		no	
			X	Take the Quiz to review the vocabulary of the month.	All		yes	

MARCH 2023



CLASS DAY ON ZOOM—March 19 Time: 11:15 am -12:30 pm

NOTE: 5th - High Schoolers and Parents attend the full session
1st-4th graders join zoom at the break (approximately at 11:45 am)
PK-K have a video posted on the website that they can watch at any time.

MAIN POINT OF THIS MONTH'S LESSON: The Concluding Rites of the Mass send us out into the world, united to Jesus through the Eucharist, to bring the light of Christ to all. The sacrament of Anointing of the Sick unites us through the suffering of Christ and prepares us to enter eternal life.

"See what love the Father has bestowed on us that we may be called the children of God. Yet so we are."

1 John 3:1

NOTE: Easter is on April 9.

Home Lessons for March 19 - April 23

Color	Read	Audio/ Video	Quiz/ Game	Assignment	Who does it?	Supplies	Submit	Completed ✓
WEEK 1								
	X			Parents read "As the Father has sent me, so I send you."	Parents		no	
	X			Read together "The Sacraments Unveiled" and "The Story of His Healing Power".	All		no	
			X	Take the Anointing of the Sick quiz	All		yes	
X				PK-1st graders may color the Anointing of the Sick picture in their coloring book.	PK-1 st	Crayons	no	
		X		PK-4th graders watch "The Legend of the Three Trees" (24:01)	Parents & PK-4 th		no	
			X	PK-4th graders take the quiz "God has a Dream" .	Parents & PK-4 th		yes	
		X		5th-High Schoolers and parents watch "Our Mess, God's Masterpiece"	Parents & 5 th -HS		no	
			X	5th-High Schoolers and parents complete "God's Masterpiece"	Parents & 5 th -HS		yes	
			X	Complete together "Ite Missa Est – Go Forth" activity.	All		yes	
WEEK 2								
	X			Read "Holy Week"	All		no	
			X	Complete the quiz "Celebration of the Mystery of Our Salvation" . Remember to attend Holy Week services.	All		yes	
		X		Listen to the audio reflection about Mary and Jesus	All		no	
			X	Complete "We Were There" (on drive)	All		yes	
		X		Watch the Stations of the Cross video. Stop the video periodically to discuss your thoughts with your family.	All		no	
X				PK-1st graders may color the Stations of the Cross pictures in their coloring book.	PK-1 st	Crayons	no	
	X			Read the Supplication section in your Prayer Journal and record the people and situations you would like to pray for.	All		no	

APRIL 2023



CLASS DAY ON ZOOM—April 23 Time: 11:15 am -12:30 pm

NOTE: 5th - High Schoolers and Parents attend the full session
1st-4th graders join zoom at the break (approximately at 11:45 am)
PK-K have a video posted on the website that they can watch at any time.

MAIN POINT OF THIS MONTH'S LESSON: To know and appreciate the many ways to pray in the Catholic tradition.

*“Rejoice always. Pray without ceasing.”
1 Thes. 5:17-18*

Home Lessons for April 23 - May 24

Color	Read	Audio/ Video	Quiz/ Game	Assignment	Who does it?	Supplies	Submit	Completed ✓
WEEK 1								
	X			Parents read God calls and God Answers	Parents		no	
		X		Listen to the story online about praying in a personal way to Jesus.	All		no	
	X			Make “The Prayer Rock” for each family member to use.	All		no	
	X			Continue using your prayer journal to help your family grow closer and closer to Our Lord.	All		no	
		X		Listen to one of these two song about the sacraments: Song 1 or Song 2	All		no	
			X	Complete “Sacrament Review” , Part I.	All		yes	
				Parents and 5th-8th graders also complete Part II of the assignment.	Parents & 5 th -8 th		yes	
X			X	PK-1st graders may color the “Seven Sacraments” sheet in their coloring book.	PK-1 st	Crayons	no	
WEEK 2								
			X	Complete “Parts of the Mass Review” .	All		yes	
X				PK-1st graders should do “The Parts of the Holy Mass” activity in their coloring book.	PK-1 st		no	
		X		Watch the video about passing on the Gospel.	All		no	
			X	Then, complete the discussion sheet .	All		yes	
			X	Complete “Sacramentally Speaking” to review what we learned about the sacramentals.	All		yes	
		X		Watch the Video Explanation of the Rosary and then, using the Rosary brochure in your packet as a guide, pray at least one decade (or more) together for a special intention. If you are looking for a Spiritual Work of Mercy for your service report, this would qualify as “Praying for the Living and the Dead”.	All		no	
				If you have not yet registered for next year, please do so today.	Parents			